

# Drug-related deaths and mortality among drug users – annual expert meeting 2016

Introduction - setting the scene

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DRD annual expert meeting - Lisbon, 29-30 September 2016

### Welcome

 Welcome to all experts, in particular the new nominated national experts, the invited experts and the non-EU experts

Folders - Documents

- Presentations (from 16 countries!)
- "List of presence" Premises security logistics



## Content of this presentation

- Objectives
- Topics covered
- Overview of your '2016 national updates'
- EMCDDA information on projects and products
- Questions to the national experts



## 1 - Objectives

- Strengthen the network
- Share and discuss <u>new</u> data and analysis, policy developments, research
- Some technical work around the indicator
- Produce useful outputs: presentations, report on the web pages, contribution to other products



## 2 – Topics

- Two '2016 DRD projects'
- Preliminary findings for discussion
- Responses to DRD
- What is in place? national updates, national inquiries and policy developments
- ICD coding, GMR/SR data flow, implications for the protocol
- Opioids/Medicine/tramadol is there a problem?
- Implementation of the DRD key indicator
- strengths, weaknesses, utility of the assessment
- 2015 figures: some increases? Various contexts...
- Burden of disease, cohorts overall mortality
- Ageing, liver related mortality, measure of the protective effect of treatment; prison post release mortality

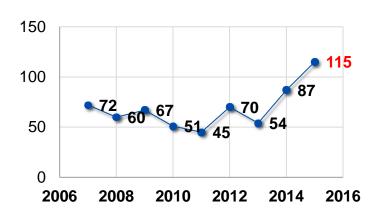


# 3 - New data from standard reporting and from the 'DRD updates'



### Several recent increases in OD deaths

### Lithuania – Evelina Pridotkiene

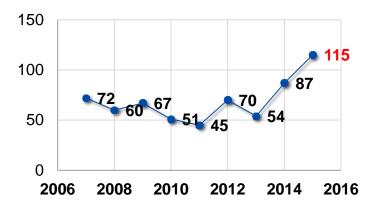


Data reported in september 2016 - still under validation and confirmation

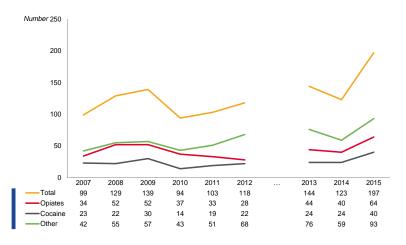


### Some recent increases

### Lithuania – Evelina Pridotkiene

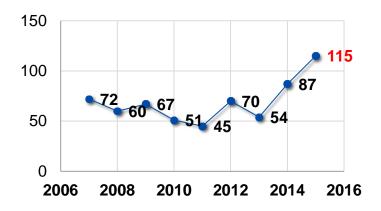


### The Netherlands - Guus Crust

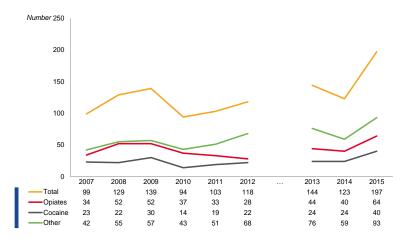


## Several reports of recently increasing DRD

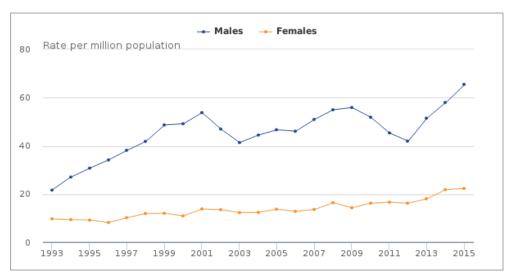
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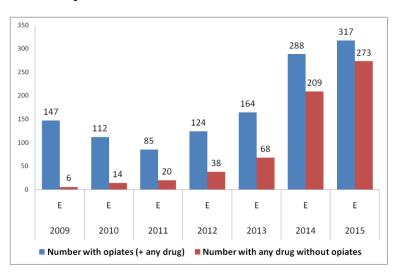
### The Netherlands - Guus Crust



## England and Wales. 1201 heroin and 2300 Drug misuse - ONS – Martin White

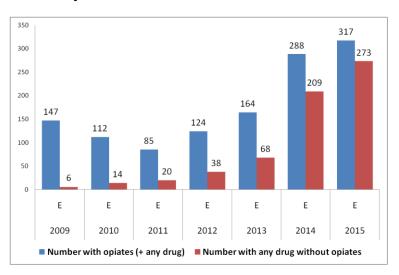


### Turkey - Bulent Sam

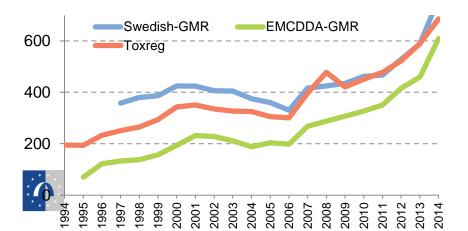




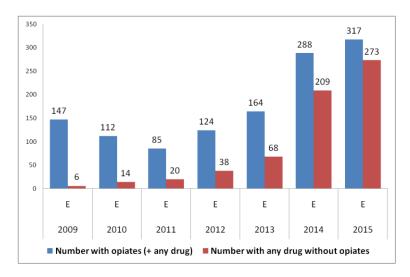
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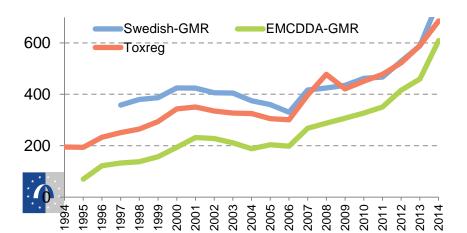
### Sweden - Hakan Leifman



### Turkey – Bulent Sam

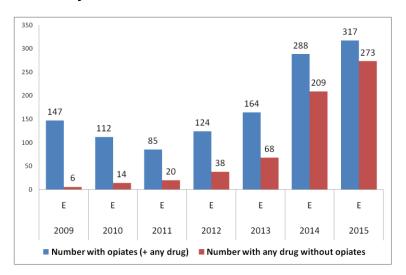


Sweden - Hakan Leifman

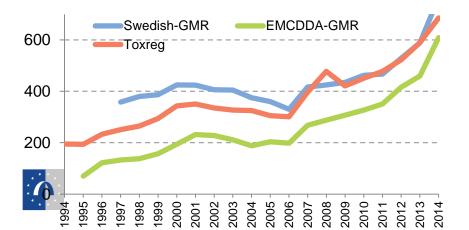


- Portugal: increase from both sources (but changes /improvements in the systems)
- Ireland: increase in heroin deaths
- Czech republic: 'a significant almost twofold increase ..in fatal poisoning by opioids – from 14 cases in 2014 to 27 cases in 2015. Problem use of opioid analgesics

### Turkey – Bulent Sam



### Sweden - Hakan Leifman



# For discussion with the national experts

## Other 'DRD updates'

CZ	data from special register are available again after a 2 years gap. National register on forensic autopsies operational since 2015
RO	clear underreporting according to the experts. Need of training for forensic specialists and of legal framework
ΙΤ	ageing phenomenon. Limitations of both sources GMR and SR with regards to the substances involved
PT	medical certificate online completed throughout the country
NO	34% of deaths related to heroin (increasing during past 2 years). New injection room about to open in Bergen – now in Oslo only
EE	Capture-recapture planned to estimate IDU prevalence

FI	New opioid causing 3 deaths U-47700
FR	Special registers show OST implicated in 55% of overdose deaths and heroin in 26%.  Vital status of cohort study re checked in Dec 2015.  Paris and Strasbourg drug consumption room opening this autumn
HU	Synthetic cannabinoids seem on the rise
IE	Safe injection rooms - legislation expected soon
LV	Increase in Fentanyls seizures. Increase in emergency calls
LT	Increase from 87 cases in 2014 to 115 in 2015. 70% related to opiods
LU	Emergence of NPS injection in various risk groups. Second consumption room planned in 2018



SI	New cohort in preparation
SP	Most common profile 'a man over 40, single with no prior pathology, who has recently used some psychoactive substances and shows no sign of suicide' Cohort studies opioids and cocaine
TR	Increase from 497 cases in 2014 to 590 in 2015. Heroin, ecstasy, synthetic cannabinoids
UK	Large increase in OD in Scotland in 2015 mainly driven by increasing opioids overdoses particularly from heroin although there are also increases across other substances group.  More cohorts confirming that treatment was highly protective against overdose risk



### **Comments and discussion**



## **On-going work**

- Full assessment of the Key indicators in 2015
- Emergency 'indicator'
- An expert meeting in April 2016 and a publication 'EMCDDA' Rapid Communication' August 2016
- Drug-related infectious diseases
- Insights on hepatitis C among PWID July 2016
- Naloxone *Insights*
- European Drug report and Statistical Bulletin 2016
- Feed back to the focal points on the workbooks
- 2 large DRD projects
  - 7 countries on 'high or increasing' OD mortality
  - 10 countries on ICD coding and data flow between OD sources



## On monitoring acute drug toxicity

More information if needed – for discussion



## Acute drug toxicity presentations at hospital emergency departments: an other tool in our EU 'drug monitoring' tool box



- New webpage in 2015, with references to recent work (Euro-DEN mainly) but also previous work of the EMCDDA, the National Focal points and national experts
- Lisbon Addiction 2015 Euro-DEN symposium

### Introduction



The EMCDDA has been working on drug-related emergencies since it started monitoring drug-related harms twenty years ago.

#### Purpose and value of monitoring non-fatal acute emergencies

A unique insight into acute health harms is provided by hospital emergency data, which widen the scope of monitoring health consequences of drug use, beyond other more established indicators. Emergency data can serve as an indicator of high-risk drug use trends, as a source to characterise some sub-populations of drug users, for detecting and monitoring new patterns of use or abuse of substances (such as new synthetic drugs), or new trends regarding traditional drugs, for example new epidemics in heroin use. Emergency data can also assess the risk

factors for some serious consequences of drug use (i.e. fatal overdoses) and monitor how prescribed drugs impact on emergency room attendance for drug problems. Data from emergency settings contribute to early warning systems, as they often capture signals earlier than other monitoring systems based on mortality or treatment data.

Few countries in Europe have set up monitoring systems, and are able to report trends, numbers, and characteristics of acute non-fatal drug-related intoxications. These systems mirror to a certain extent other systems, such as the Drug Abuse Warning Network (DAWN) in the United States which ran for many users with a colour in 2014, they have per

http://www.emcdda.europa.eu/activities/emergencies





# Monitoring acute drug toxicity: previous work done in this area and limitations of the data

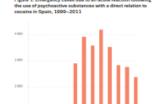
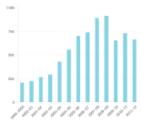


Figure 1: Emergency cases due to an acute reaction following

Figure 2: Cocaine related poisonings: inpatient admissions in England (1), 1999/2000–2011/12



(i) Data from England an allows natural of data for the solvain LKs at they provide the integrate them data. They pair to "Enabland Comultons Episcolosis with a primary discharged description of the same pairs of the contract of the contr

EINES ON DIFUOS | Emergency health consequences of cocains use in Europe

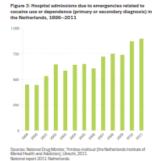
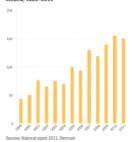


Figure 4: Patients registered at emergency departments in Denmark due to intoxications and poisonings caused by cocaine, 1999–2011



In term of monitoring national data (trends and volumes for 'main' drugs'), several countries report data (cf review on cocaine emergencies).....

Some potential to follow trends and cross-check other indicators, but many limitations to the data (coding issues++, underestimation++)









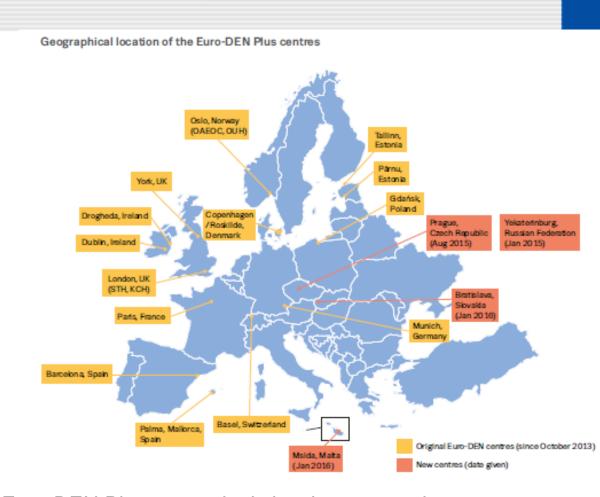
## The Euro-DEN project

The Euro-DEN network was established in 2013 as a European Commission DG Justice funded project

Aim: improve knowledge at a European level on acute established illicit/recreational drug and new psychoactive substance (NPS) toxicity

The project has continued as the 'Euro-DEN Plus' project since the European Commission funding ended in April 2015





Euro-DEN Plus 20 sentinel sites in 14 countries

## Some questions to the network - for discussion

- Timing of the DRD meeting
- Workbooks
- Country profiles
- Others .....



## More on the Emergency/Euro-DEN projects

Highlights of the report



### Results



RAPID COMMUNICATION

10 956 presentations to the 16 original sentinel Euro-DEN Plus centres over the two-year period October 2013 to September 2015



Update from the Euro-DEN Plus research group and the EMCDDA

August 2016



http://www.emcdda.europa.eu/system/files/publications/2973/TD0216713ENN-1\_Final%20pdf.pdf



### Results - centres

## Number of Euro-DEN presentations per centre for year 1 and year 2 2 000 1671 1 478 1 200 Number of pres 422 410 202 203 199 Oslo OAEOC Year 2: October 2014-September 2015 Year 1: October 2013-September 2014

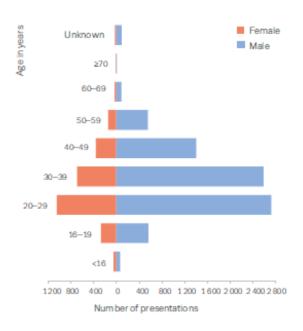
- Oslo and London centres 'largest' contributors
- Populations served are diverse as reflected in the drugs identified (heroin in Oslo, Dublin...GHB in London depending on catchment area)
   added value of the sentinel network approach





## Results - demographics

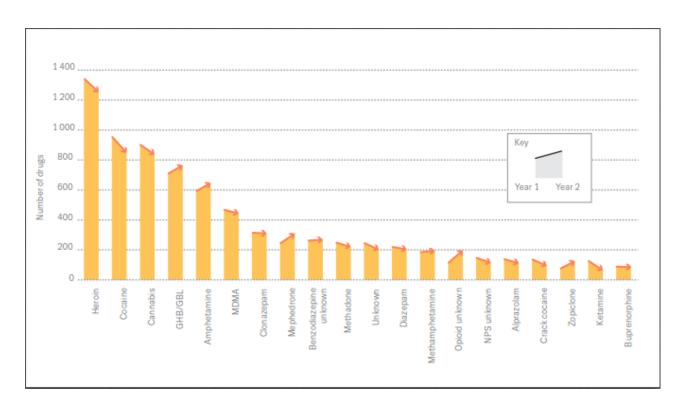
Age and gender profile of the presentations to the Euro-DEN centres from October 2013 to September 2015 (n=10 953 cases with information)



76.0 % males median (inter-quartile range (IQR)) age 31 (24–39)



# Results – main substances involved in drug acute toxicity presentations



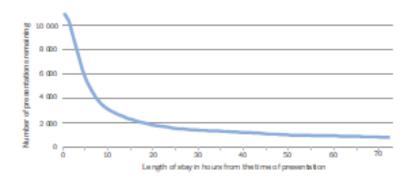
Opioids and heroin involved in 2 604 (24 %) of the presentations

Cocaine and cannabis respectively, 1 806 (16 %) and 1 741 (16 %)



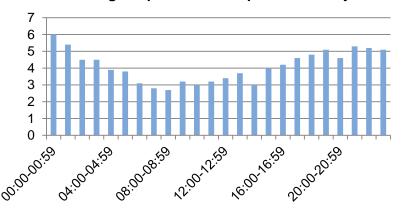
### Result - outcome

### Length of stay of the presentations to the Euro-DEN network from October 2013 to September 2015



45% of the presentations were discharged from hospital within four hours of their presentation to the emergency department only 10.6 % of presentations had a hospital stay of more than 24 hours.

### Percentage of presentations per time of day



Cases with acute drug toxicity can constitute a burden on emergency health services. Agitation and aggression are common features, and presentations are more common at weekends, <u>late evenings or night</u>.





## Thank you!

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**DRD Key Indicator annual expert meeting**