

The Use of TDI data for clinical and monitoring purposes in Sweden



Bert Gren Specialist in clinical psychology The University of Linnaeus Sweden

Trends in Sweden

- TDI will also be the common denominator for a new quality-register in health care .
- More treatment units are today no longer specialized but work with people with narcotics, alcohol and gambling as similar problems of dependency.
- Focus on young persons – TDI has been integrated in a new documentation-system called UngDOK (DOK for Young Persons).

The reasons for DOK YP

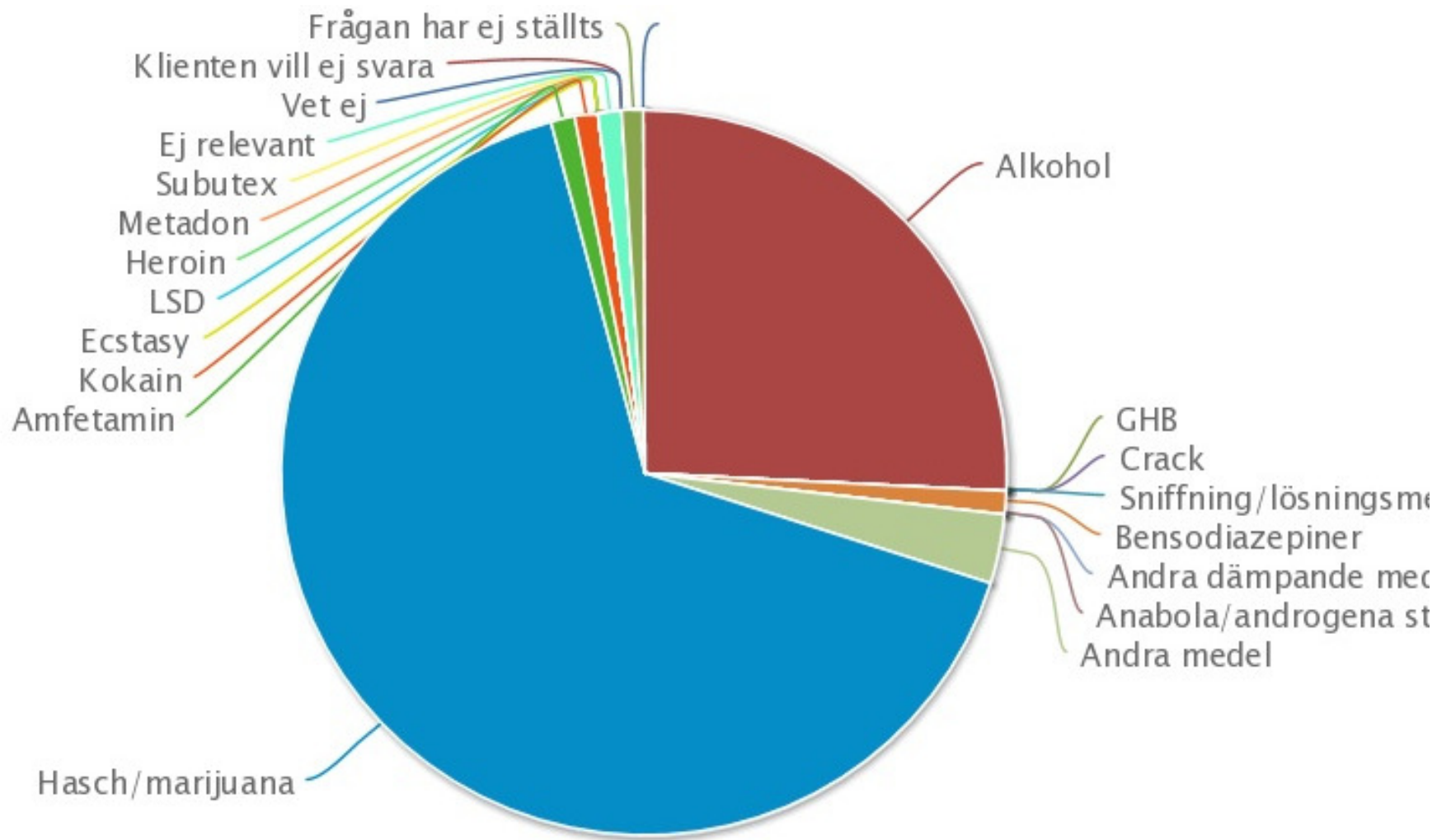
- The questions in DOK (for adults) are not suited to adolescents/young adults in primary care.
- Some questions may be perceived as sensitive or offensive.
- The questionnaires are too extensive and time-consuming.

Primary drug DOK YP

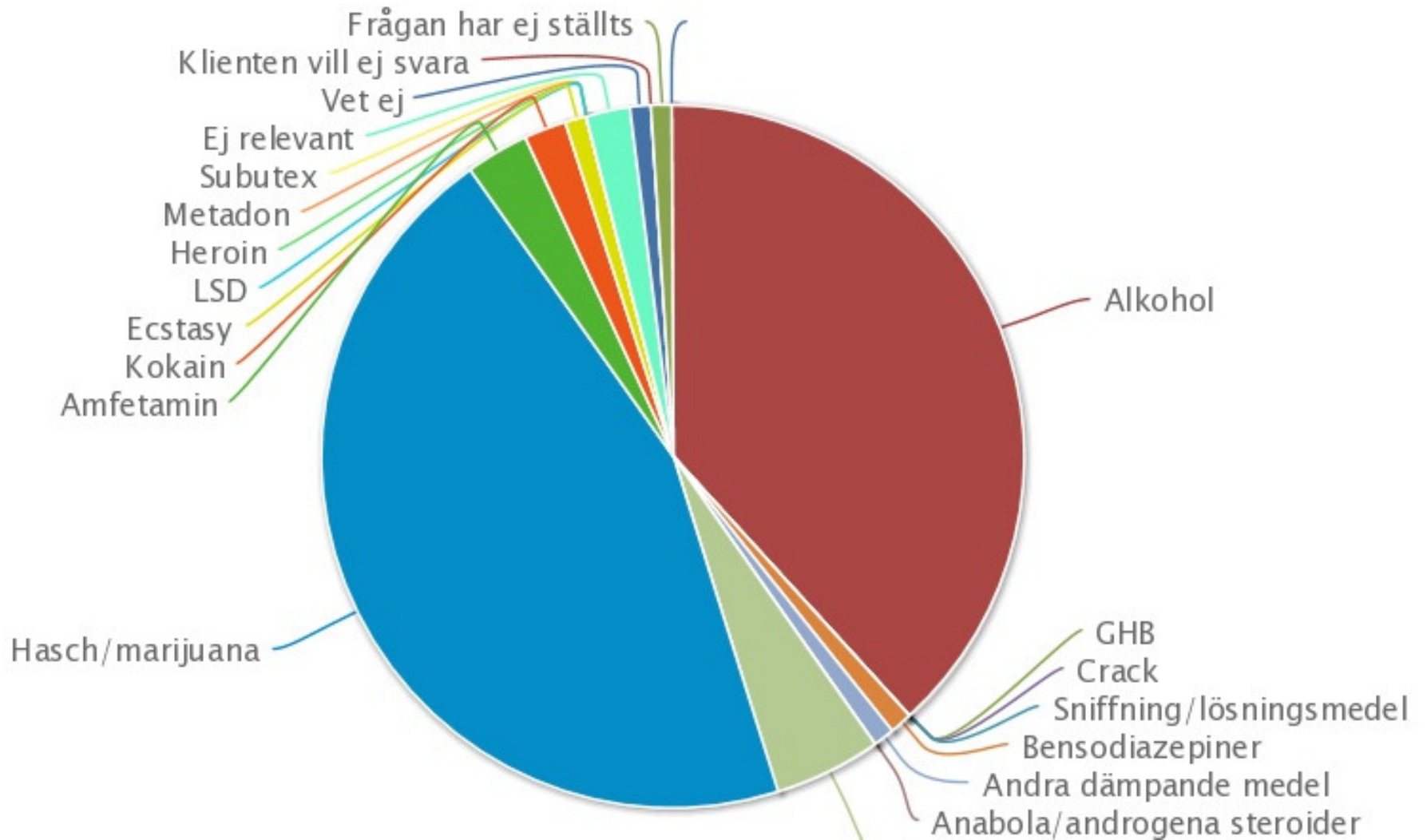
The table describes the young people who started treatment at the so-called “Maria clinics” in Stockholm, Gothenburg and Malmoe during the years 2010 and 2011, N = 589 and N = 666.

	2010/2011 Stockholm	2010/2011 Gothenburg	2010/2011 Malmoe	2010/2011 Total
Sex (%)				
Male	79/76	72/74	78/71	76/74
Female	21/24	28/26	22/29	24/26
Age (%)				
17 years and younger	73/73	60/49	68/46	67/59
18 years and older	27/27	40/51	32/54	33/41
Primary drug (%)				
Cannabis	53/57	66/69	74/76	62/65

Primary drug



Primary drug for girls



Treatment interventions DOK YP

(n=1642)

	Percent
^ Assessment interview	78
^ Individual psychotherapy	63
^ Drug analysis	42
^ Family/network intervention	38
^ Therapy with parent/relative	31
^ Meeting with professional network	22
^ Doctor	17
^ Medication	12
^ Detoxification	9
^ Health talks	9
^ Contact with midwife	7
^ Manual-based therapy	6
^ Drug investigation	3
^ Psychologist inquiry	1
^ Acupuncture	1

Estimation of life situation

DOK YP (n=584)

The table describes the young people who started treatment at the so-called “Maria clinics” in Stockholm, Gothenburg and Malmoe during 2011.

How are you doing with your family and other close relationships?						
	1=Very poor	2=Poor	3=Fair	4=Good	5=Very good	Not been asked
Intake	1	6	20	29	16	25
Termination	0	2	6	19	12	57

This illustrates the problem of interviewing at the termination of treatment.

DOK YP Year 2011

(n=656)

Length of stay:

Average=162 days Median=120 days

Use of alcohol and drugs 30 days
before termination of treatment:

No 56 %

Yes 44 %