



Národní monitorovací
středisko pro drogy
a závislosti

Methamphetamine and COVID-19

National Monitoring Centre for Drugs and Addiction, Czech Republic

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- > 1st case 1.3.2020**
- > lockdown/measures from 12.3.2020 till 17.5.2020**
- > Decreased availability of drugs, lockdown – less contacts, the socio-economic situation of PWUD was deteriorating**
- > Decrease in slots of detox units, HR programs not closed but some limited services, online/phone interventions (HR/out/in patient), out-patients services limited, decrease in availability of other social and health services**
- > Need for interventions for the major group – methamphetamine users**

➤ **Methamphetamine substitution treatment**

- **Medicaments with centrally stimulating effect are rarely prescribed in clinical practice out of their approved indication**
- **15.4.2020 the Association for Addiction Disorders (professional society in addiction treatment and prevention) issued recommendations for pharmacologically assisted treatment in esp. methamphetamine users with central stimulants, off label – out of the approved indications**
- **methylphenidate**

> The guideline consist of

- > <https://snncls.cz/2020/04/15/farmakologicky-asistovana-lecba-zavislosti-na-pervitinu/>
- > **Overview of the data**
- > **The aim: stabilisation/improvement**
- > of social, somatic/mental health status
- > risk behaviour
- > **Target group – dg of addiction to psychostimulants (dg. F15.2, F19.2), abstinence unsuccessful, risk for the patient and for his surroundings**
- > **Personal and technical requirements**
- > **Treatment procedure – dg, commorbidities, toxi lab, ADHD etc., usual doses 20-60 mg metylphenidate**
- > **Procedure for long term treatment and termination of treatment**
- > **Content of the contract with client and evaluation**

> Sites

- > **At least 2-4 sites are using the guideline and have clients in the programme**
- > **More are interested to start**

- > **Conclusion:**
- > **The COVID situation is opportunity for developing new guidelines and wider use of non-standard intervention**



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Thank you for your attention!

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